

# Identification, characterization, and simulation of mortality shocks via **Hidden Markov Lee-Carter models**

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**MAX PLANCK INSTITUTE**  
FOR DEMOGRAPHIC RESEARCH

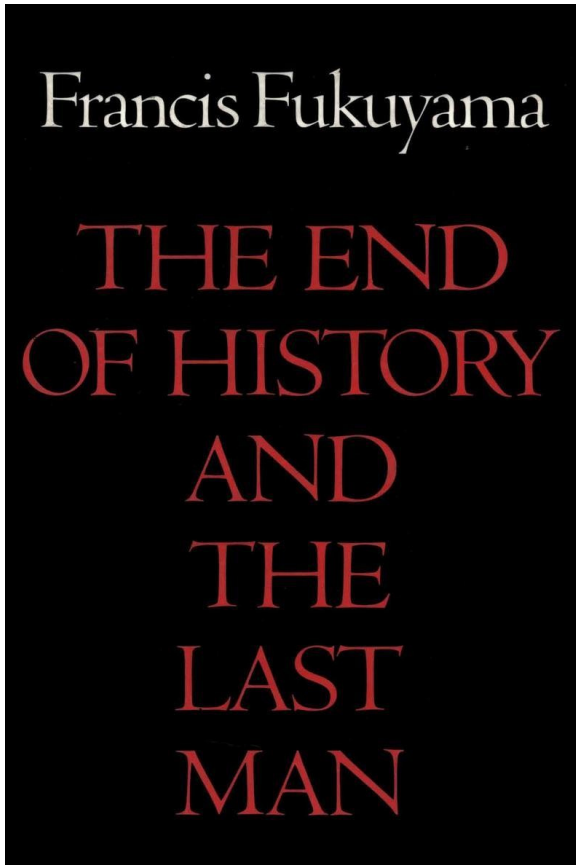


(c) Richter (November 1989). Berlin / GDR.

# Forecasting at the End of History

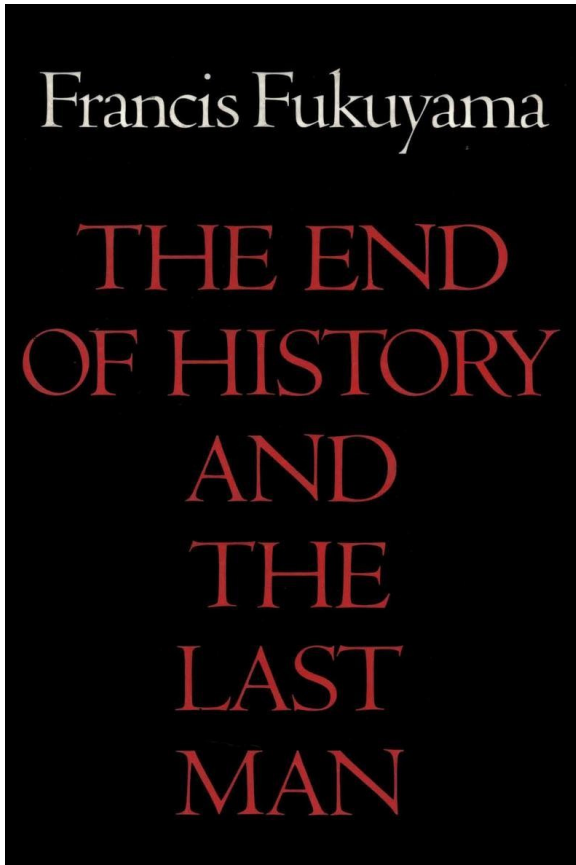
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Lee & Carter (1992). [10.2307/2290201](#)

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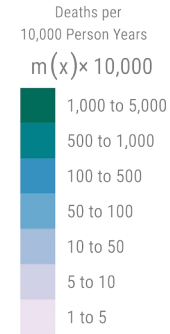
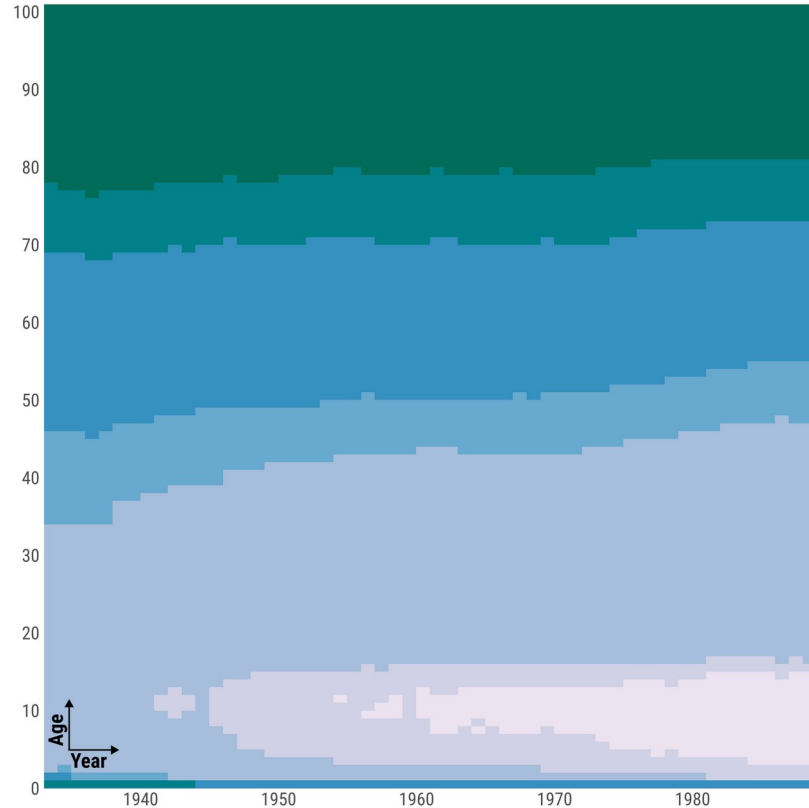
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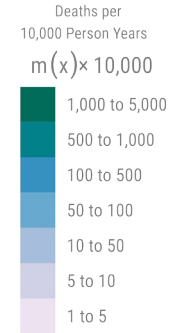
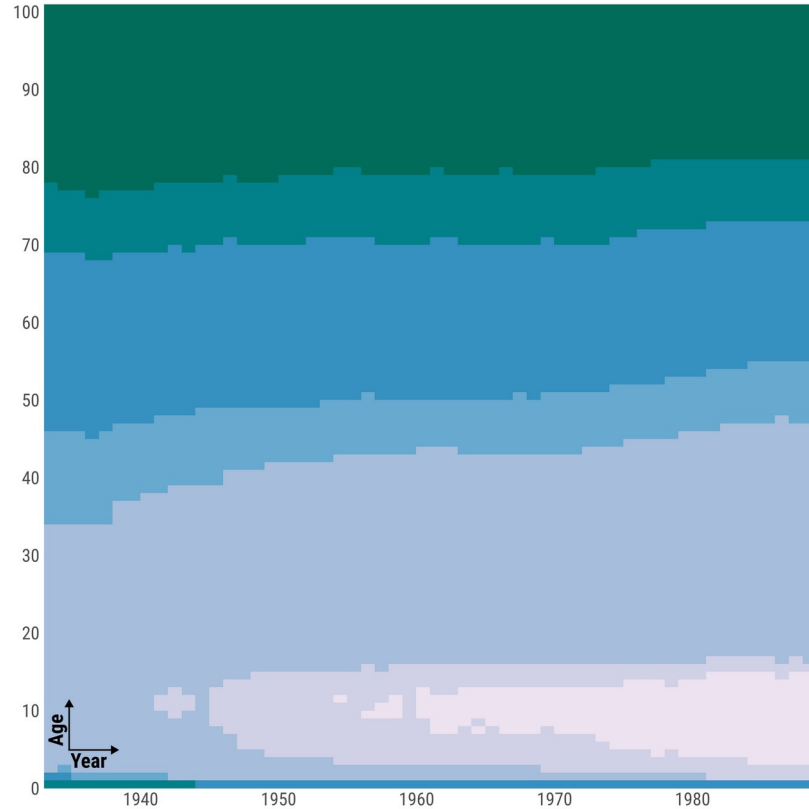
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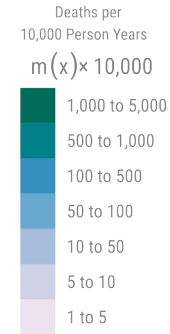
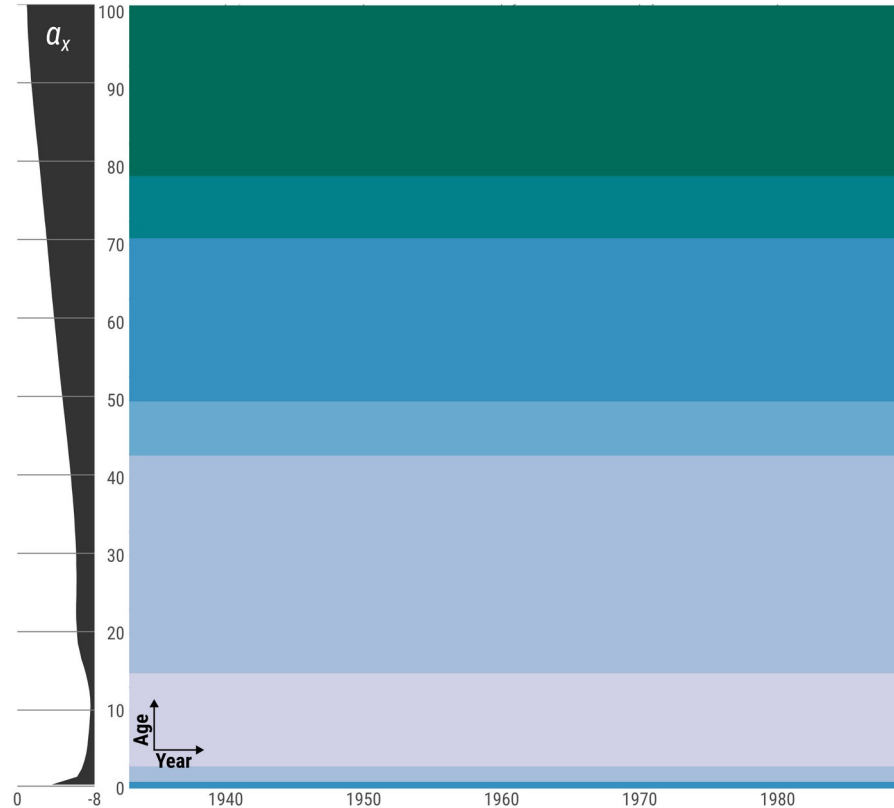
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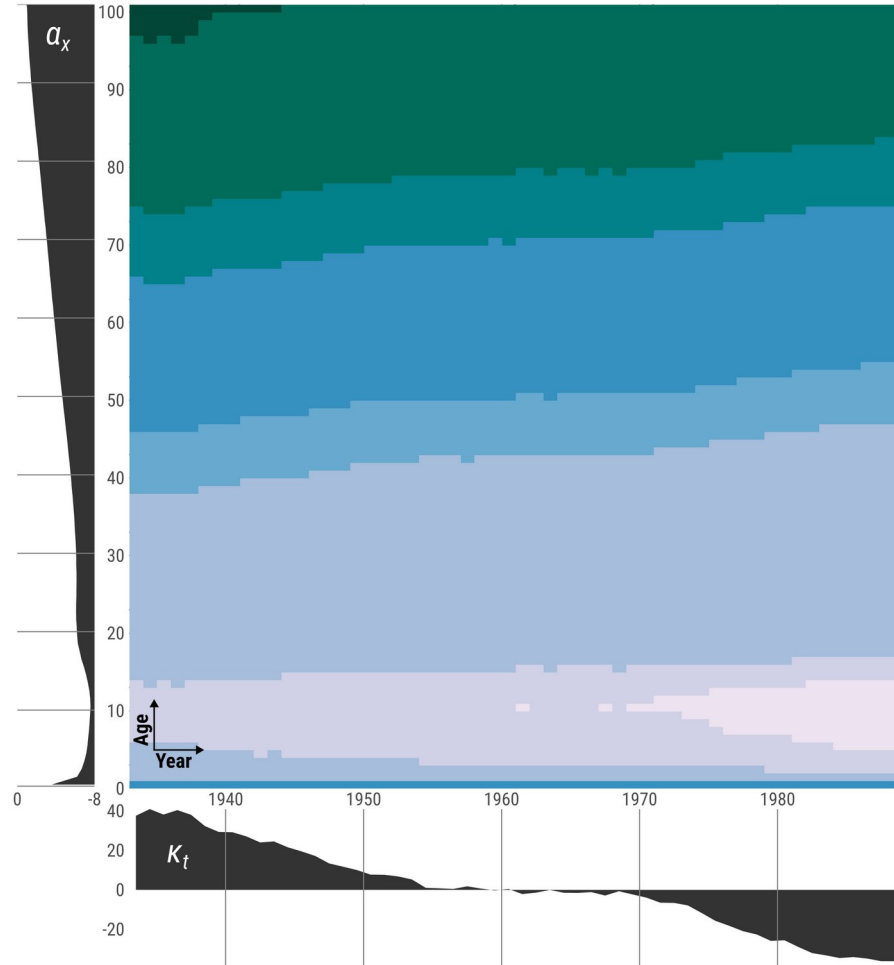
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\* Ronald D. Lee is Professor, Department of Demography and Economics, University of California, Berkeley, CA 94720. Lawrence R. Carter is Professor, Department of Sociology, University of Oregon, Eugene, OR 97403. This article was prepared as part of a project on "Modeling and Forecasting Demographic Time Series," supported by NICHD Grant R01-HD24912. An earlier draft was presented at the 1990 annual meeting of the Population Association of America in Toronto. The authors thank Kenneth W. Wachter, John Wilmoth, George Alter, Nathan Kerfve, Jay Okunari, William Bell, Gregory Spencer, Leo Goodman and our referees and editor for helpful comments.

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September 1992, Vol. 87, No. 419, Applications & Case Studies



Deaths per  
10,000 Person Years  
 $m(x) \times 10,000$

- 1,000 to 5,000
- 500 to 1,000
- 100 to 500
- 50 to 100
- 10 to 50
- 5 to 10
- 1 to 5

$$D_{xt} \sim \text{NegBin}(\lambda_{xt} E_{xt}, \psi)$$

$$\lambda_{xt} = \exp(\alpha_x + \kappa_t \times 0.01)$$

Human Mortality Database (2025).  
US death rates 1933-1989.  
[mortality.org](http://mortality.org)

# Forecasting at the end of history the Lee-Carter model

## Modeling and Forecasting U.S. Mortality

RONALD D. LEE and LAWRENCE R. CARTER\*

Time series methods are used to make long-run forecasts, with confidence intervals, of age-specific mortality in the United States from 1990 to 2065. First, the logs of the age-specific death rates are modeled as a linear function of an unobserved period-specific intensity index, with parameters depending on age. This model is fit to the matrix of U.S. death rates, 1933 to 1987, using the singular value decomposition (SVD) method; it accounts for almost all the variance over time in age-specific death rates as a group. Whereas  $\alpha_x$  has risen as a decreasing rate over the century and has decreasing variability,  $\kappa(t)$  declines at a roughly constant rate and has roughly constant variability, facilitating forecasting  $\kappa(t)$ , which indexes the intensity of mortality, is best modeled as a time series (specifically, a random walk with drift) and forecast. The method performs very well on within-sample forecasts, and the forecasts are insensitive to reductions in the length of the base period from 90 to 30 years; some instability appears for base periods of 10 or 20 years, however. Forecasts of age-specific rates are derived from the forecasts of  $\kappa_t$  and other life table variables are derived and presented. These imply an increase of 10.3 years in life expectancy in 2065 (sexes combined), with a confidence band of plus 3.9 or minus 3.6 years, including uncertainty concerning the estimated trend. Whereas 46% now survive to age 80, by 2065 46% will survive to age 90. Of the gains forecast for person-years lived over the life cycle from now until 2065, 74% will occur at age 65 and over. These life expectancy forecasts are substantially lower than direct time series forecasts of  $e_x$ , and have far narrower confidence bands; however, they are substantially higher than the forecasts of the Social Security Administration's Office of the Actuary.

KEY WORDS: Demography; Forecast; Life expectancy; Mortality; Population; Projection.

From 1900 to 1988, life expectancy in the United States rose from 47 to 75 years. If it were to continue to rise at this same linear rate, life expectancy would reach 100 years in 2065, about seventy five years from now. The increase would be welcomed by most of us, but it would come as a nasty surprise to the Social Security Administration, which plans on the more modest life expectancy of 80.5 years predicted by its Office of the Actuary. We scarcely need dwell on the importance of the future course of mortality in our aging society. In contrast to the past, now mortality decline is a powerful cause of population aging.

There are many ways to forecast mortality (Land 1986; Oshansky 1988). The new method we propose here is extrapolative and makes no effort to incorporate knowledge about medical, behavioral, or social influences on mortality change. Its virtues are that it combines a rich yet parsimonious demographic model with statistical time series methods, it is based firmly on persistent long-term historical patterns and trends dating back to 1900, and it provides probabilistic confidence regions for its forecasts. While many methods assume an upper limit to the human life span or rationalize in some other way the deceleration of gains in life expectancy, our method allows age-specific death rates to decline exponentially without limit; the deceleration of life expectancy follows without any special additional assumptions. We believe that our method has important advantages over other extrapolative procedures, albeit with the usual shortcomings of its genre.

In this article we first consider the available data and their limitations. We then develop our demographic model of mortality, which represents mortality level by a single index.

Next we fit the demographic model to U.S. data and evaluate its historical performance. Using standard time series methods, we then forecast the index of mortality and generate associated life table values at five-year intervals. Because we intend our forecasts to be more than illustrative, we present them in some detail and provide information to enable the reader to calculate life table functions and their confidence intervals for each year of the forecast.

### 1. THE HISTORICAL DATA

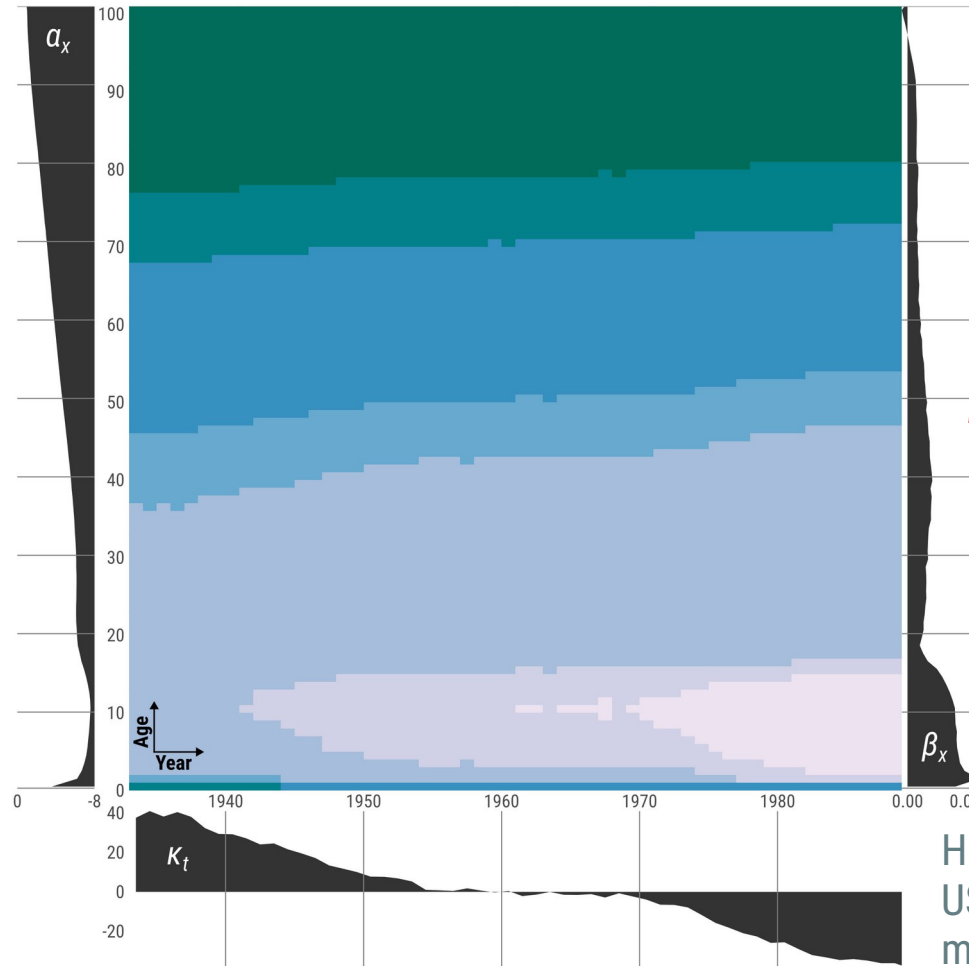
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Deaths per  
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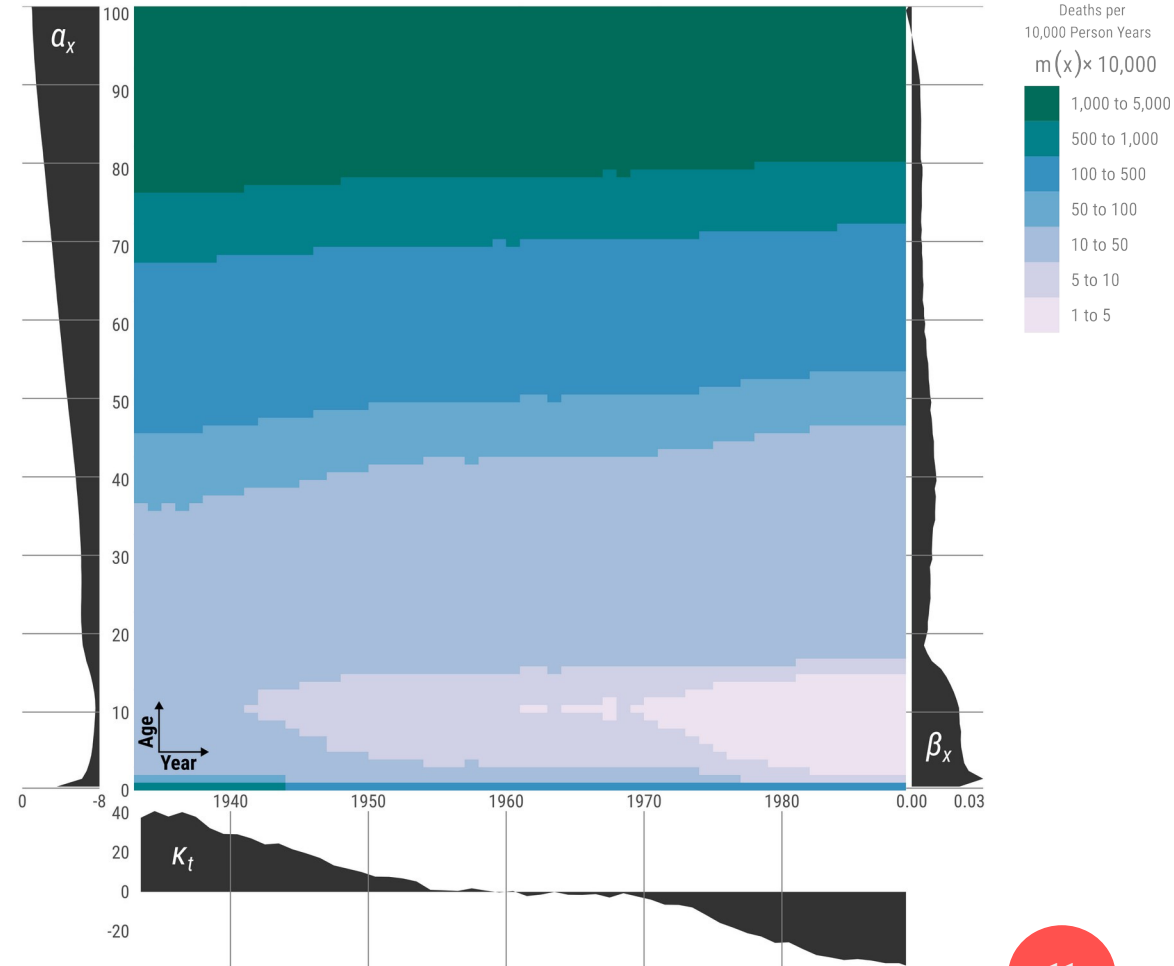
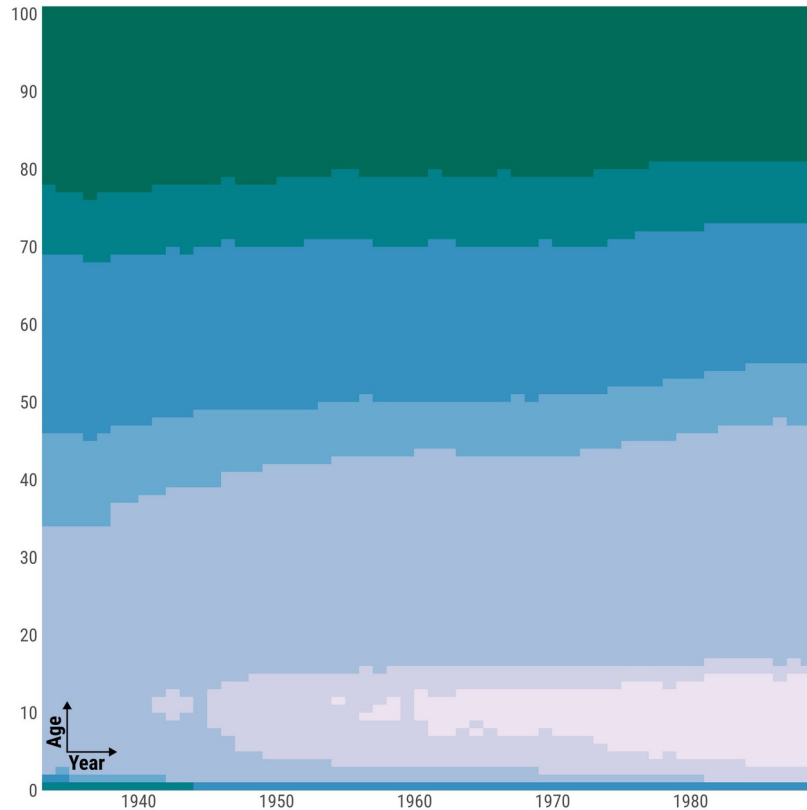
- 1,000 to 5,000
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$$D_{xt} \sim \text{NegBin}(\lambda_{xt} E_{xt}, \psi)$$

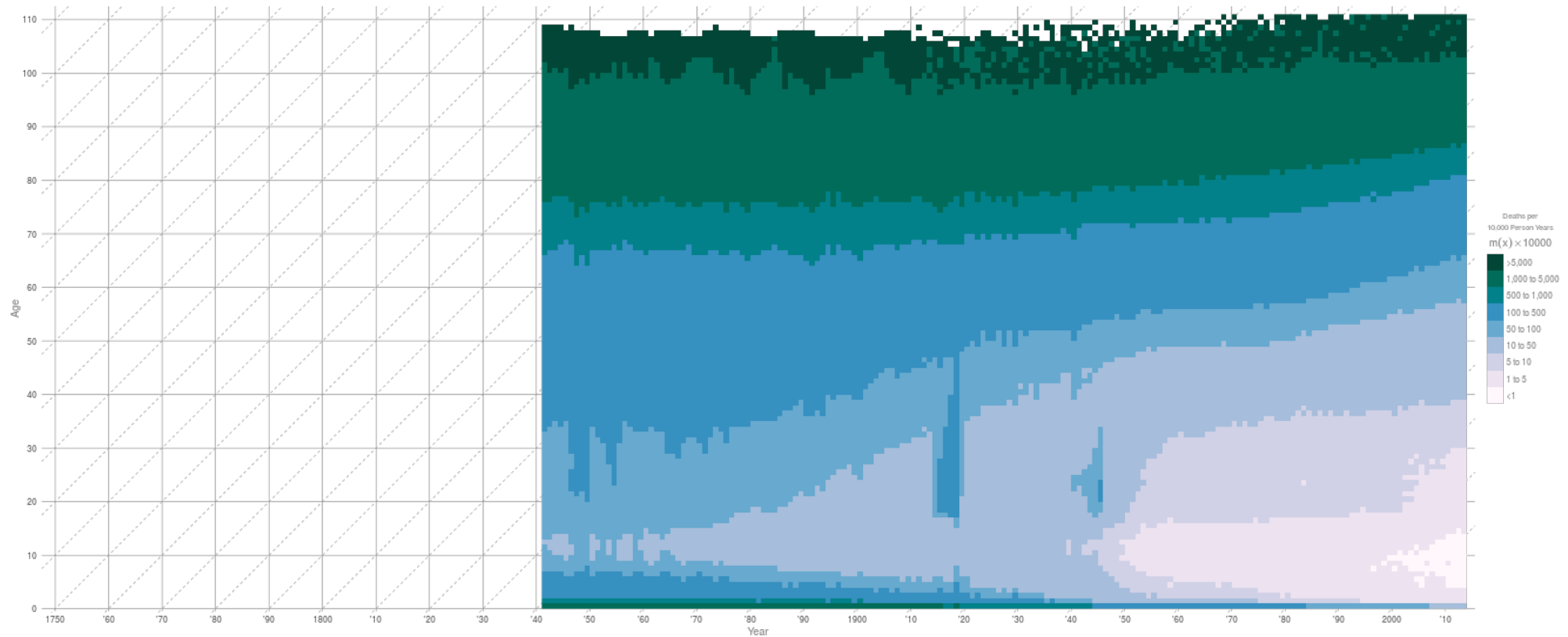
$$\lambda_{xt} = \exp(\alpha_x + \beta_x \kappa_t)$$

Human Mortality Database (2025).  
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# Forecasting at the end of history the Lee-Carter model



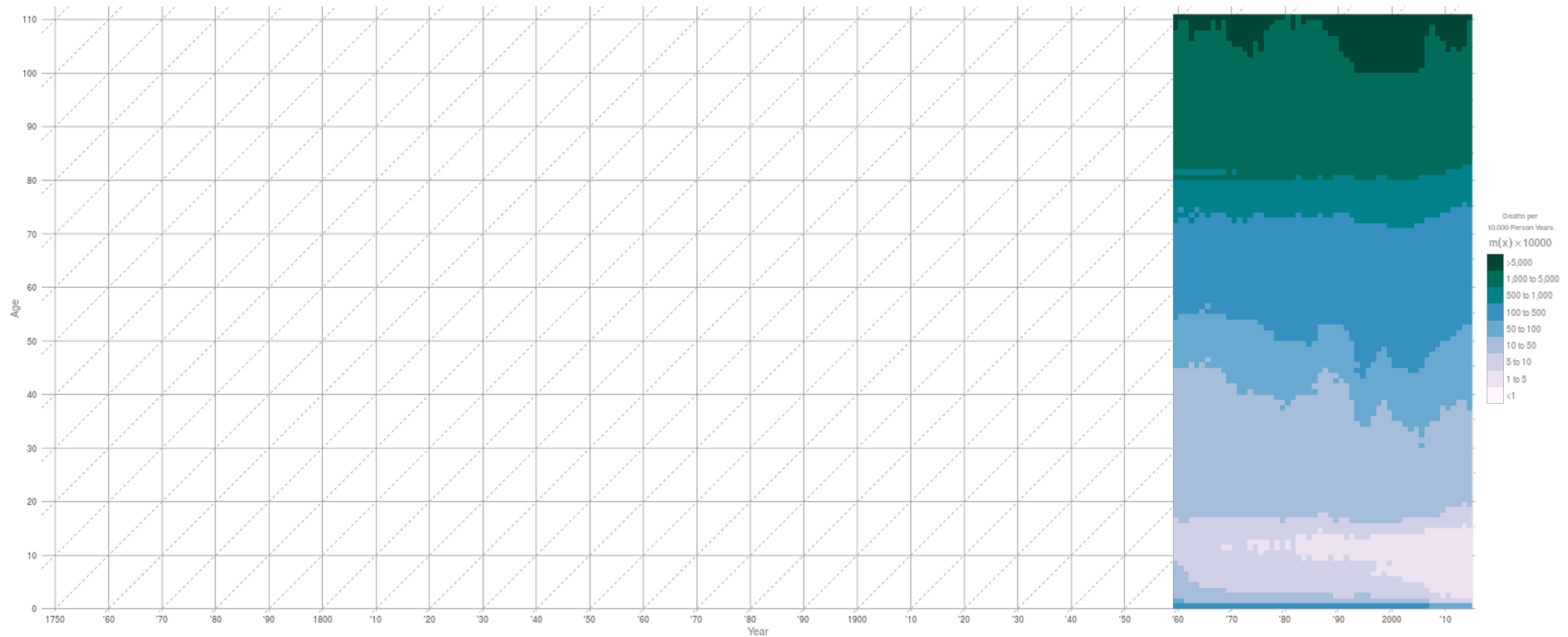
# Forecasting at the end of history limits of the Lee-Carter model



Human Mortality Database (2016). England & Wales death rates. [mortality.org](http://mortality.org)

Schöley (2016). The Human Mortality Explorer. [jschoeley.shinyapps.io/hmdexp/](http://jschoeley.shinyapps.io/hmdexp/)

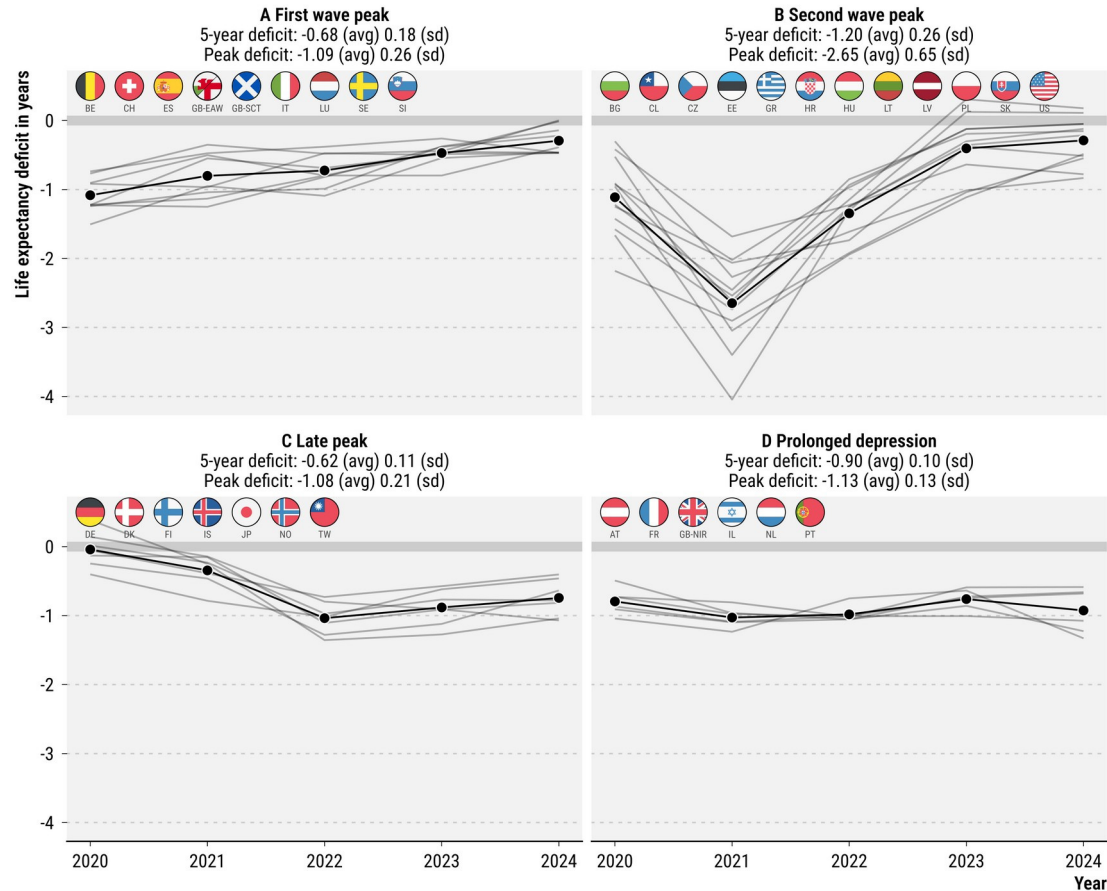
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Dowd & Schöley et al. (2026). Temporary shock or lasting scar? [medRxiv](#)

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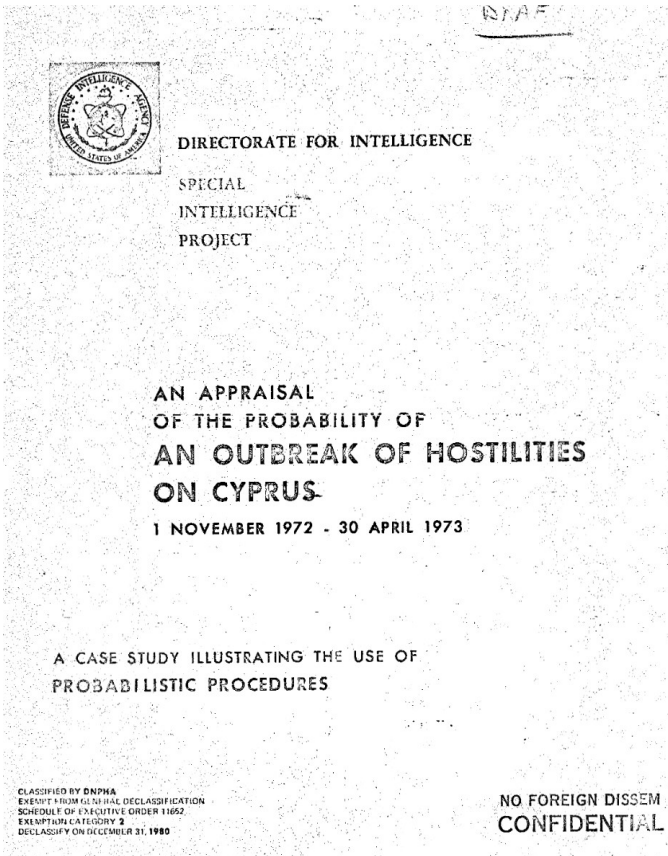
# Forecasting at the end of history limits of the Lee-Carter model

**Table 1:** Comparison of approaches for dealing with mortality shocks in Lee-Carter models.

	Non-shock Lexis	Excess Lexis	Estimate shock					Forecast	
			Timing	Magnitude	Length	Probability	Age-profile	with shocks	without shocks
Shock removal	+	-	-	-	-	-	-	-	+
Shock indicator	+	+	-	+	-	+	-	+	+
Heavy tailed	-	-	-	-	-	+	-	+	-
Vanishing jumps	+	+	+	+	-	+	+	+	+
HIMALC	+	+	+	+	+	+	+	+	+

# **Kissinger's Markov Chain**

# Kissinger's Markov chain



Marshall. (1973). Experimental Intelligence Products to Improve the Communication of Uncertainty.  
[cia.gov/readingroom/docs/LOC-HAK-538-3-5-6.pdf](https://cia.gov/readingroom/docs/LOC-HAK-538-3-5-6.pdf)

# Kissinger's Markov chain



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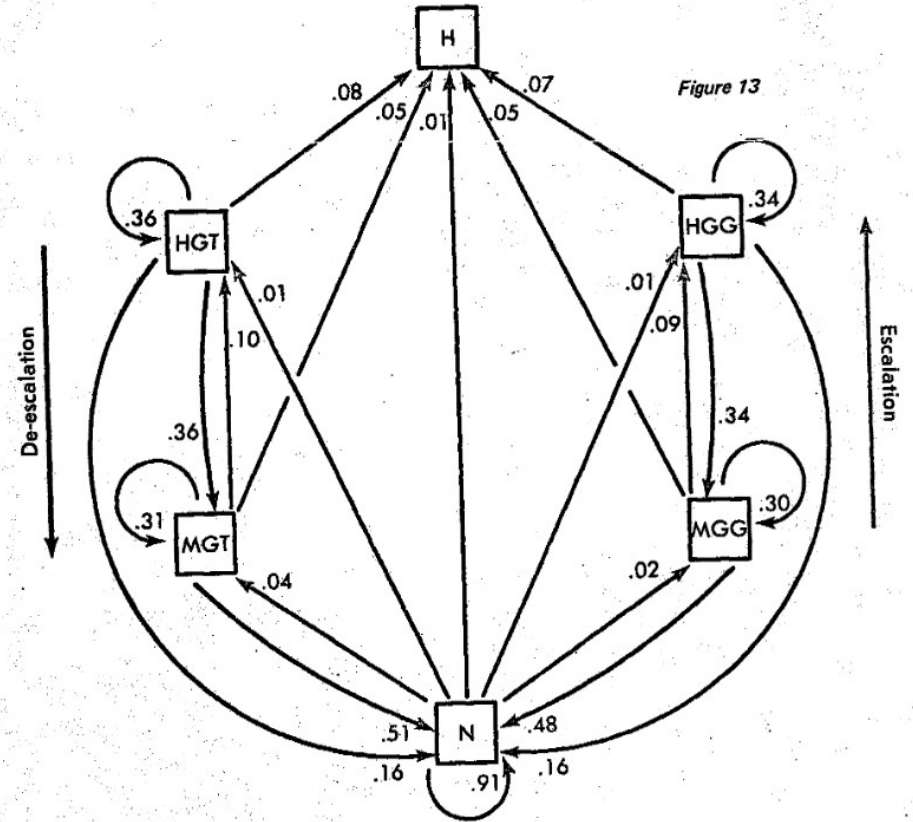
## AN APPRAISAL OF THE PROBABILITY OF AN OUTBREAK OF HOSTILITIES ON CYPRUS

1 NOVEMBER 1972 - 30 APRIL 1973

A CASE STUDY ILLUSTRATING THE USE OF  
PROBABILISTIC PROCEDURES

CLASSIFIED BY DNPAA  
EXEMPT FROM GDS/IAE DECLASSIFICATION  
SCHEDULE OF EXECUTIVE ORDER 11652  
EXEMPTION CATEGORY 2  
DECLASSIFY ON DECEMBER 31, 1980

NO FOREIGN DISSEM  
CONFIDENTIAL



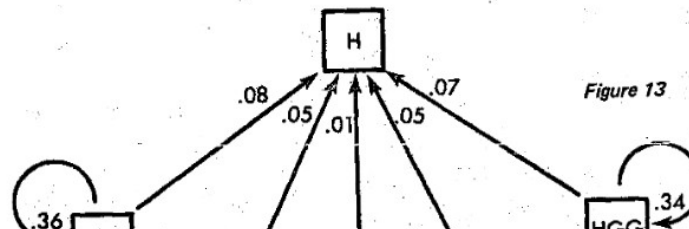
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# Kissinger's Markov chain



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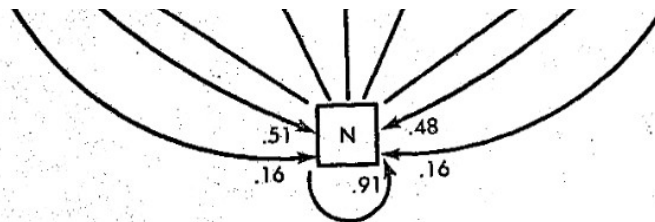
Yes AK

No \_\_\_\_\_

Comment \_\_\_\_\_

*though still in  
very elementary stage*

Escalation



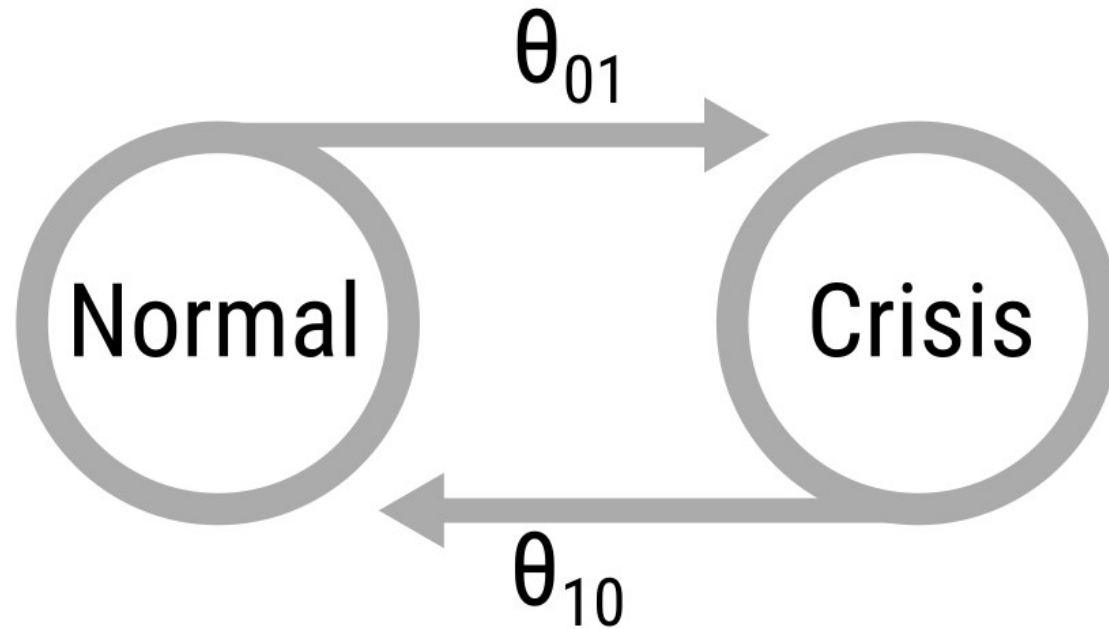
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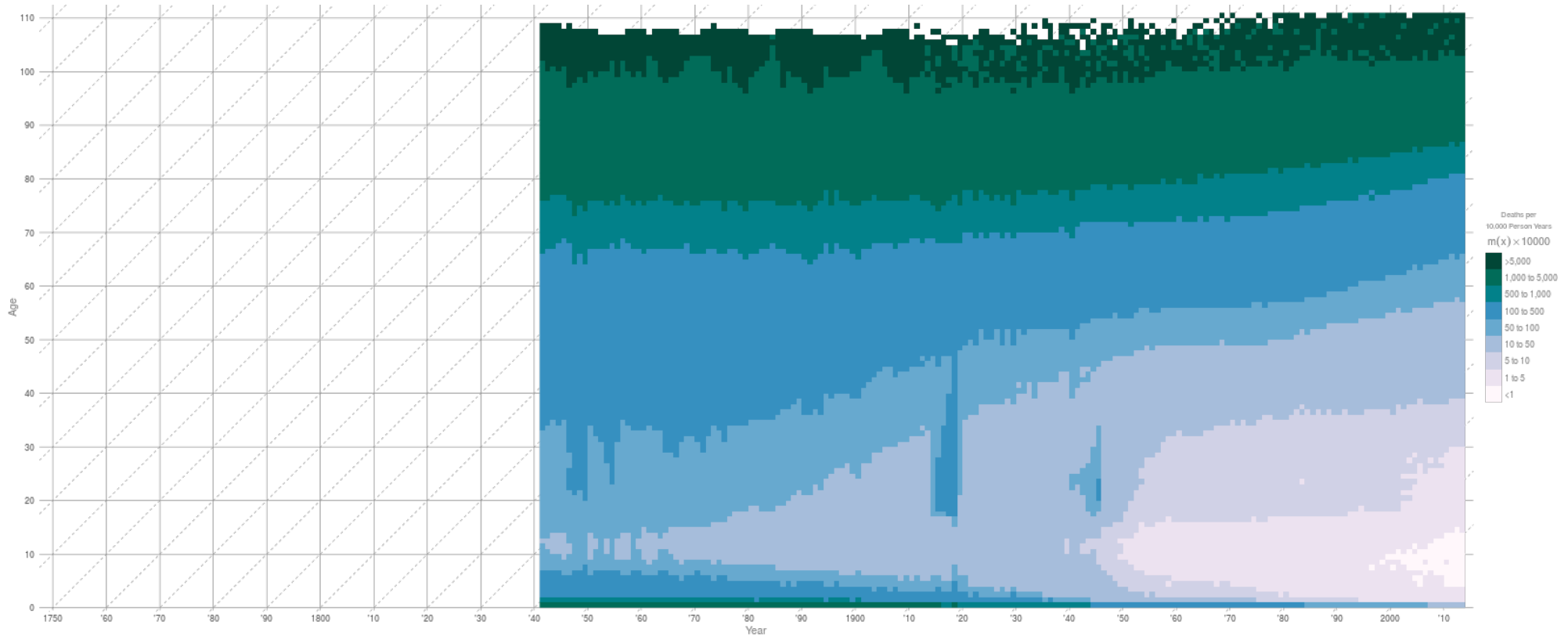
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[cia.gov/readingroom/docs/LOC-HAK-538-3-5-6.pdf](https://cia.gov/readingroom/docs/LOC-HAK-538-3-5-6.pdf)

# Kissinger's Markov chain



# Hidden Markov Lee-Carter

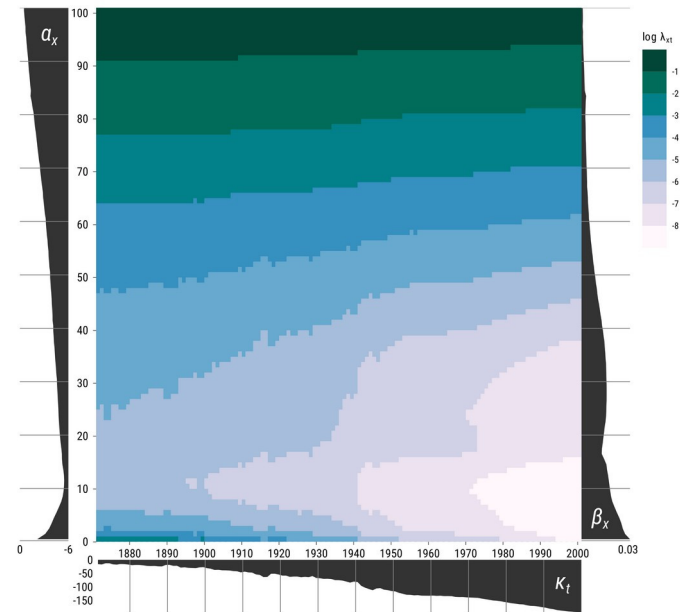
# Hidden Markov Lee Carter



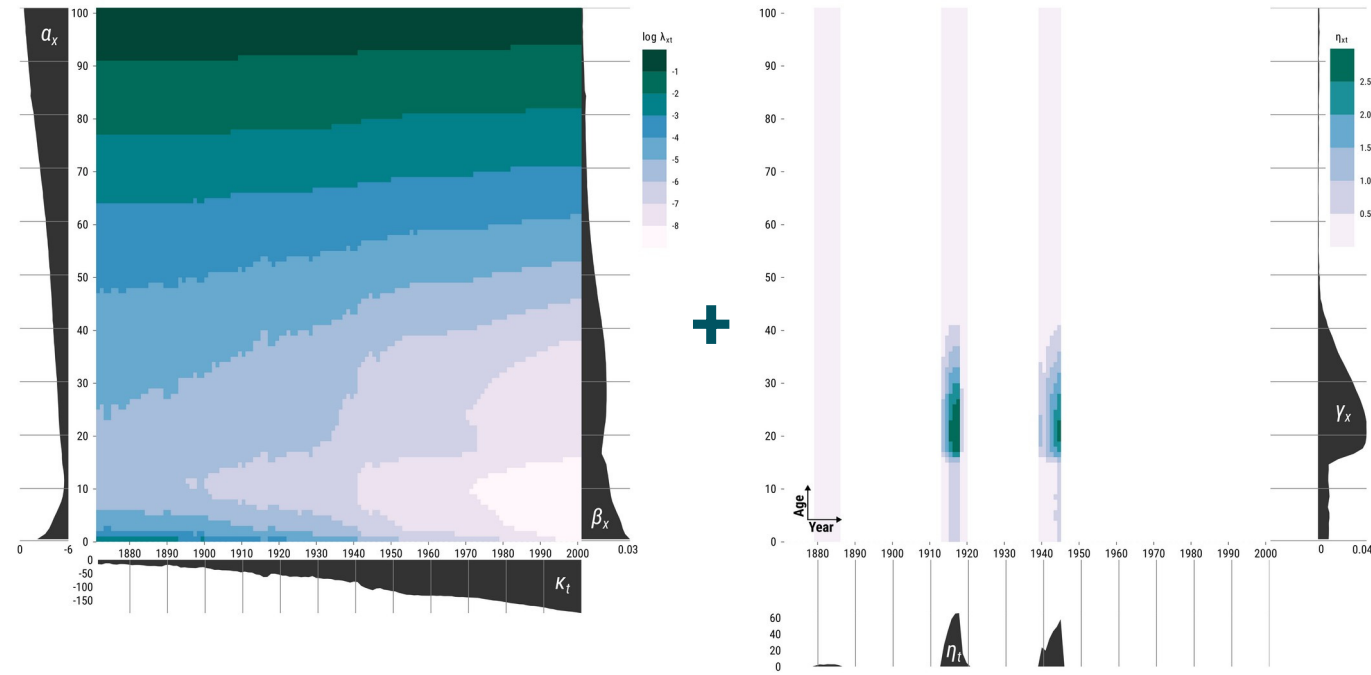
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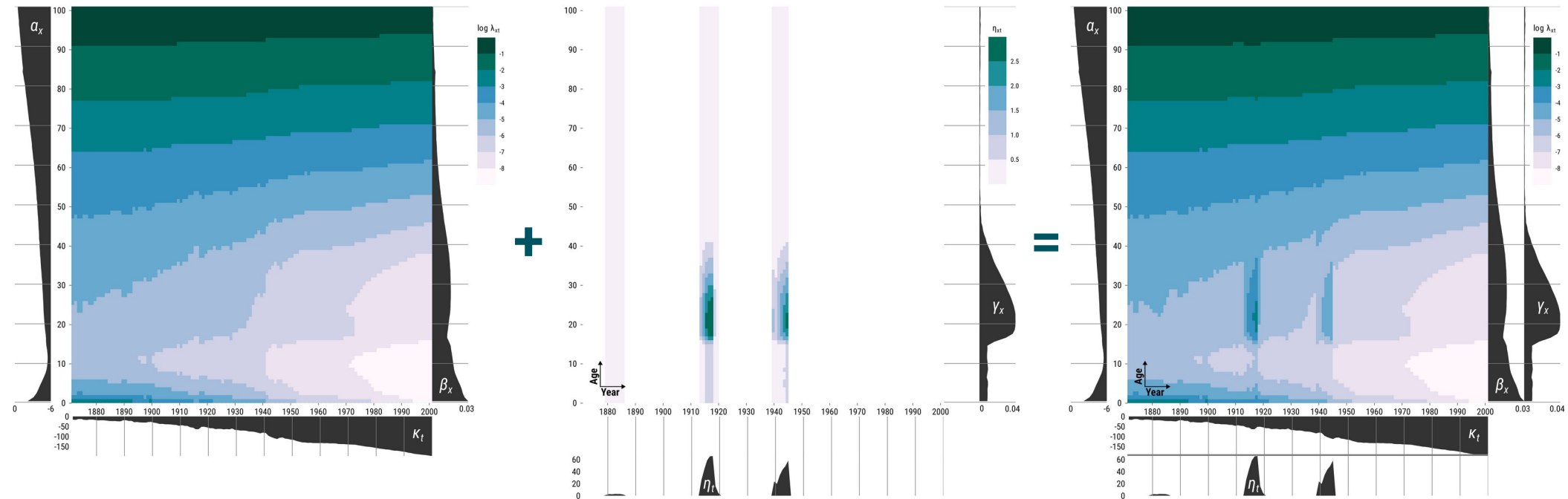
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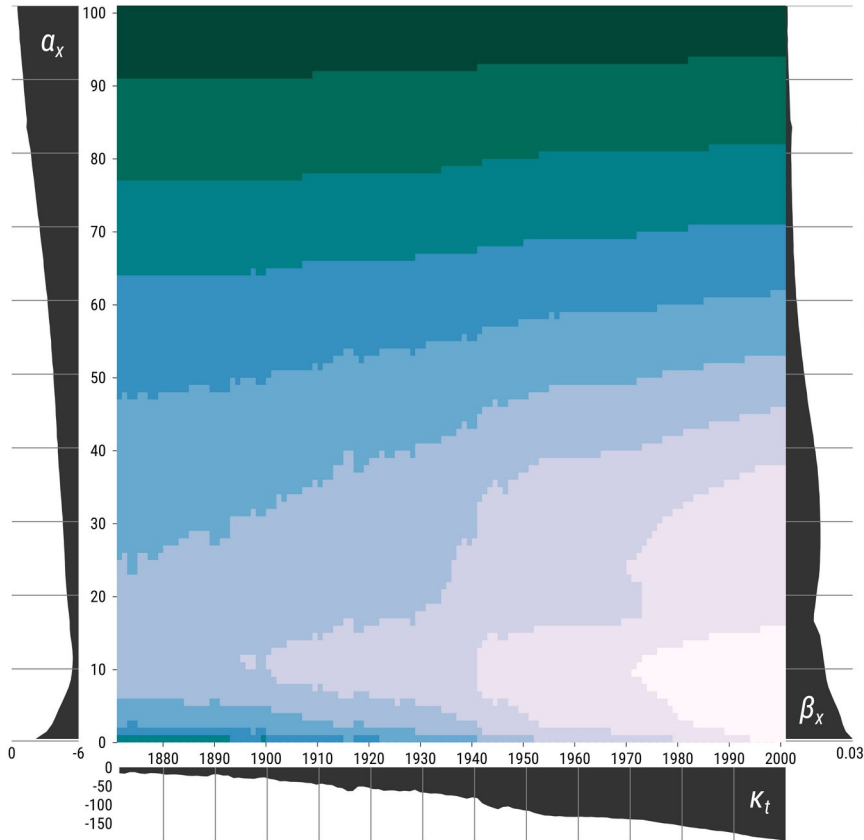
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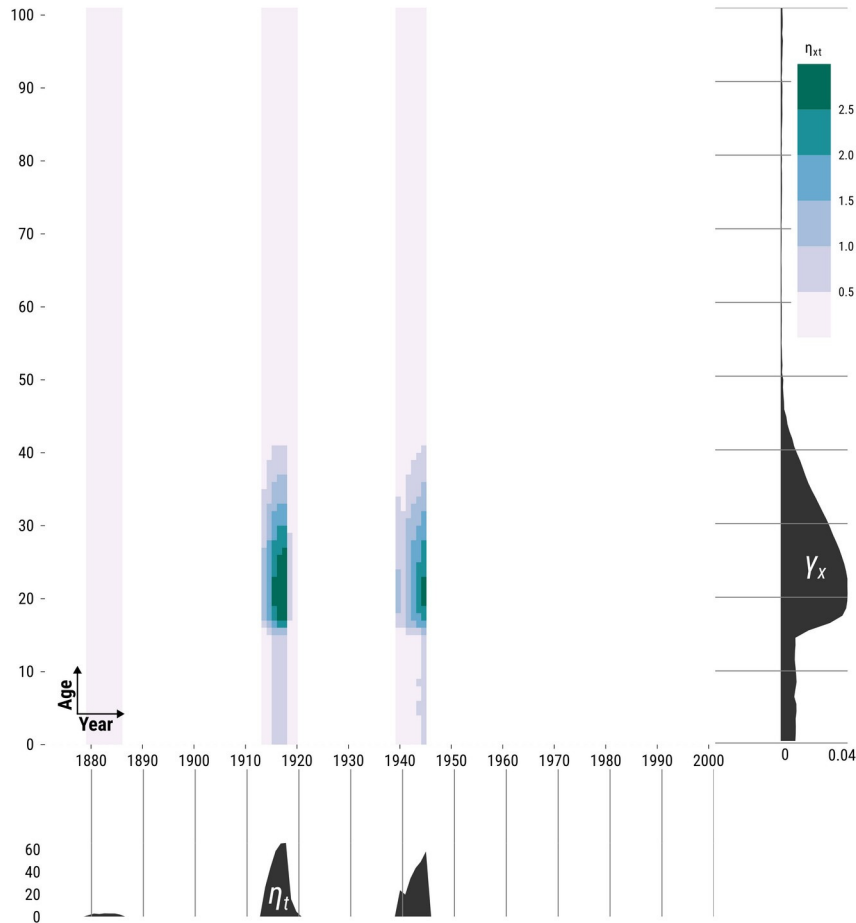
# Hidden Markov Lee Carter



$$D_{xt} \sim \text{NegBin}(\lambda_{xt} E_{xt}, \varphi)$$

$$\lambda_{xt} = \exp(a_x + \beta_x \kappa_t + \eta_t \gamma_x)$$

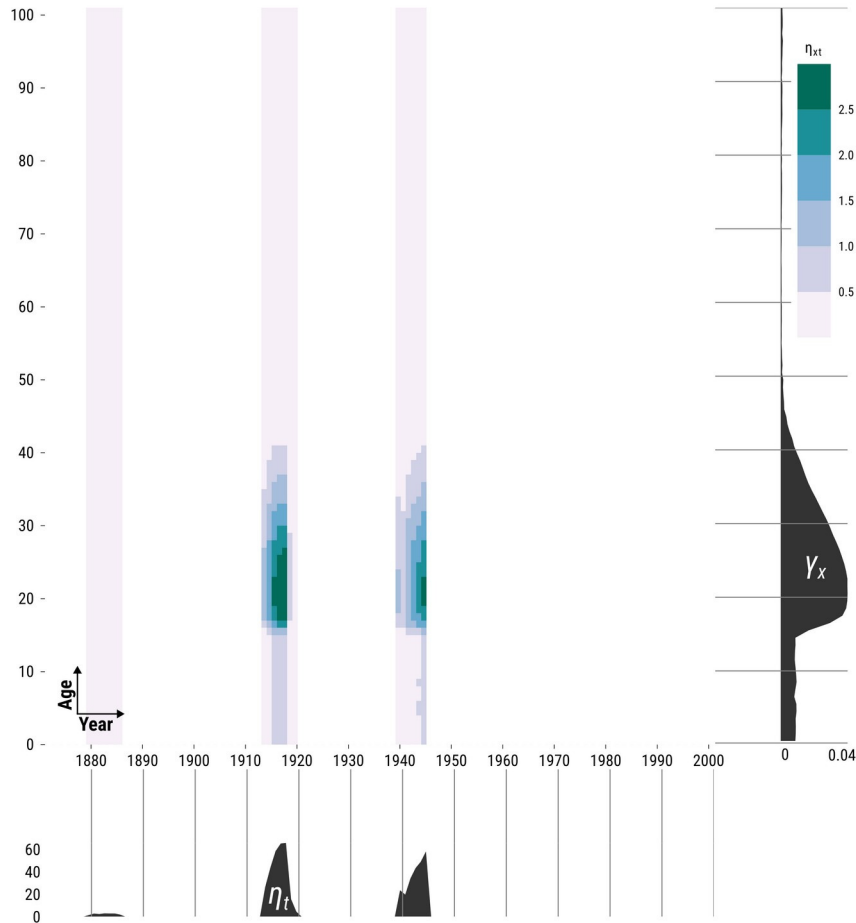
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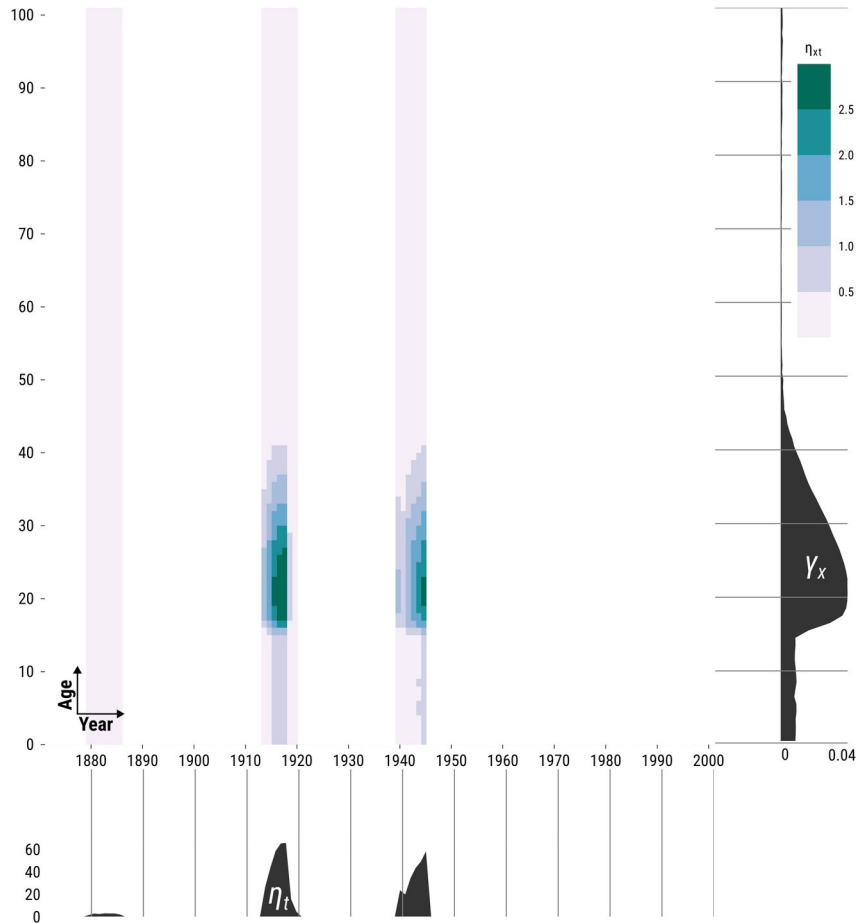


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$$\eta_t = z_t u_t$$

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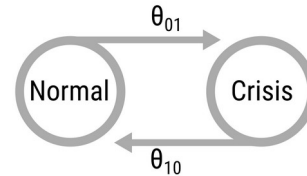


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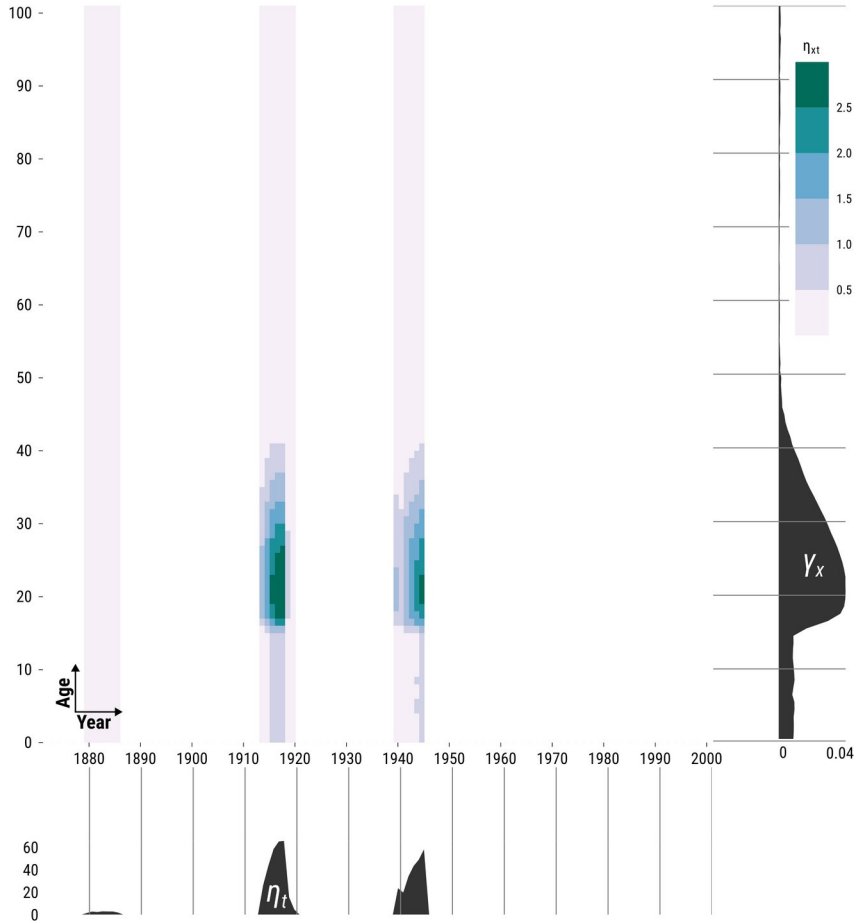
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$$\eta_t = z_t u_t$$

$$z_t \sim \text{Bernoulli}(p_t)$$



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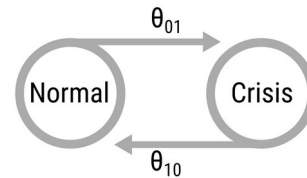


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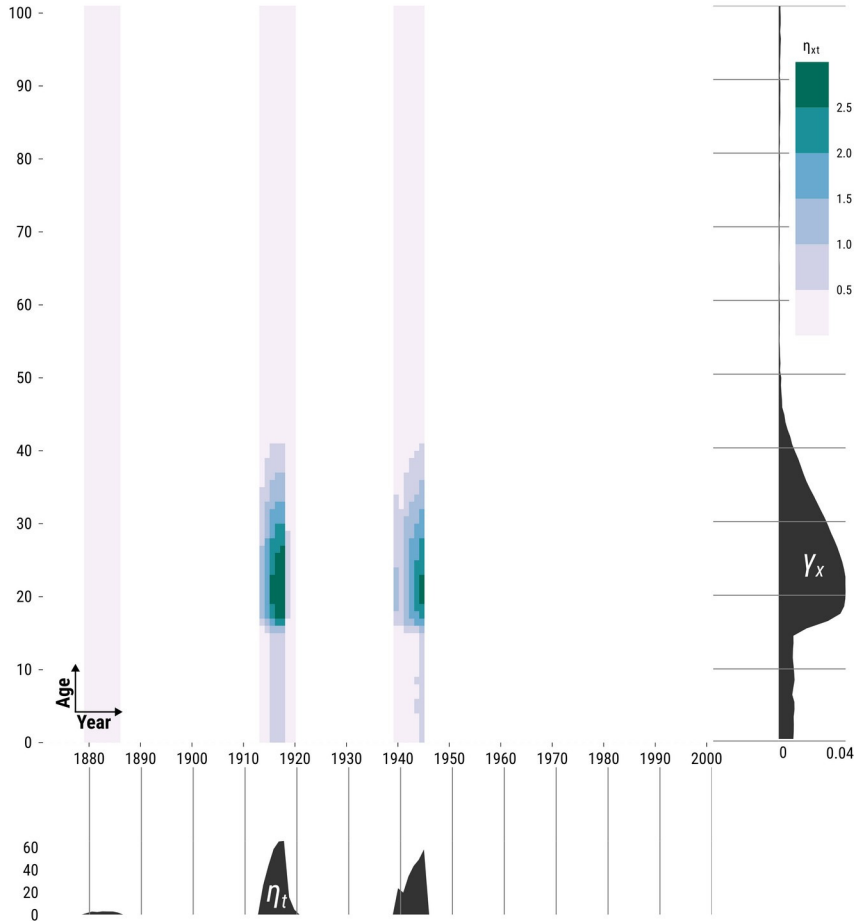
$$\eta_t = z_t u_t$$

$$z_t \sim \text{Bernoulli}(p_t)$$



$$p_t = z_{t-1} \theta_{1 \rightarrow 1} + (1 - z_{t-1}) \theta_{0 \rightarrow 1}$$

# Hidden Markov Lee Carter



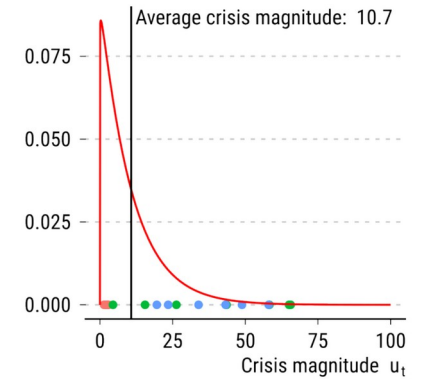
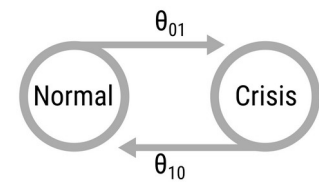
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$$u_t \sim \text{Gamma}(a, b)$$

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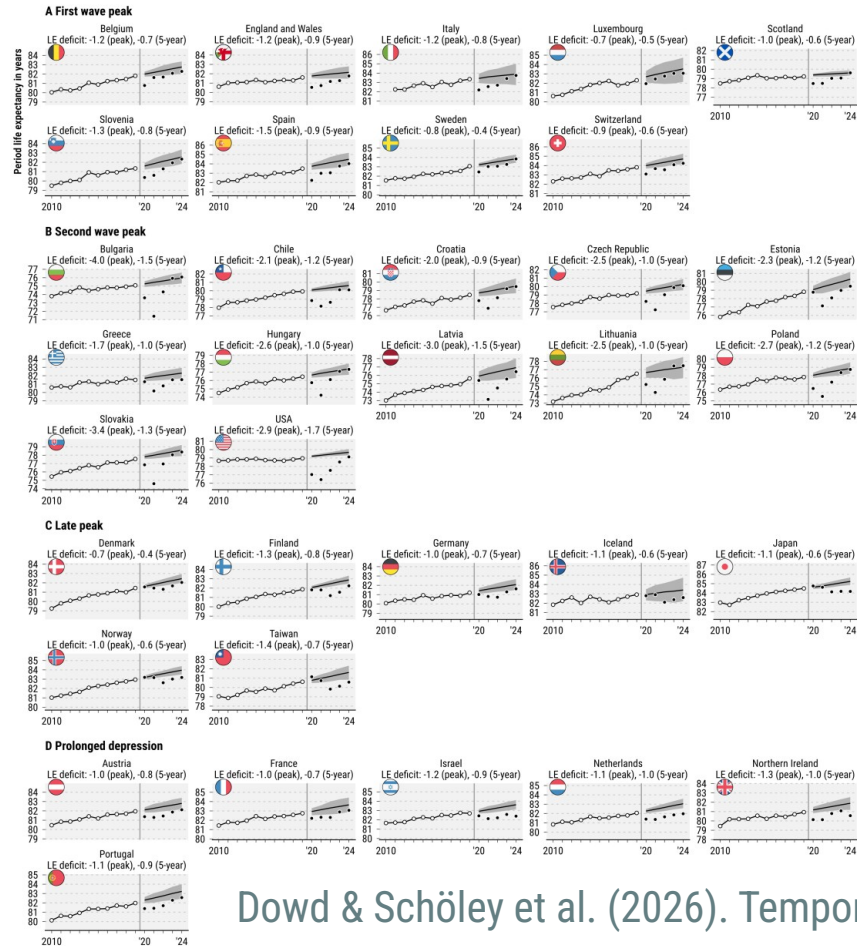
**Identification** • **Characterization** • **Simulation**

# Identification



Dowd & Schöley et al. (2026). Temporary shock or lasting scar? [medRxiv](#)

# Identification



Nepomuceno et al. (2022).

Sensitivity of Excess Mortality due to the COVID-19 Pandemic? [PDR](#)

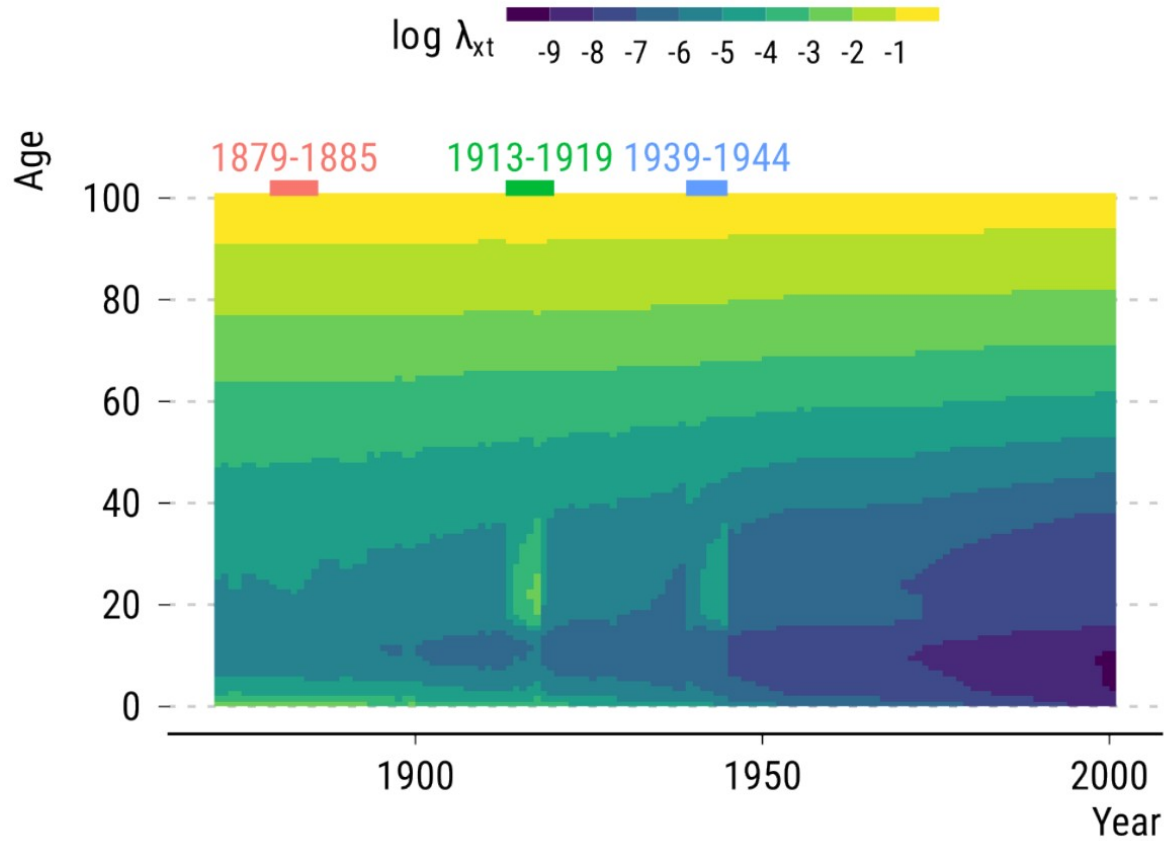
Schöley (2021). Robustness and bias of European excess death estimates in 2020 under varying model specifications. [medRxiv](#)

Schöley et al. (2023). Conflicting COVID-19 excess mortality estimates. [Lancet](#)

Dowd & Schöley et al. (2026). Temporary shock or lasting scar? [medRxiv](#)

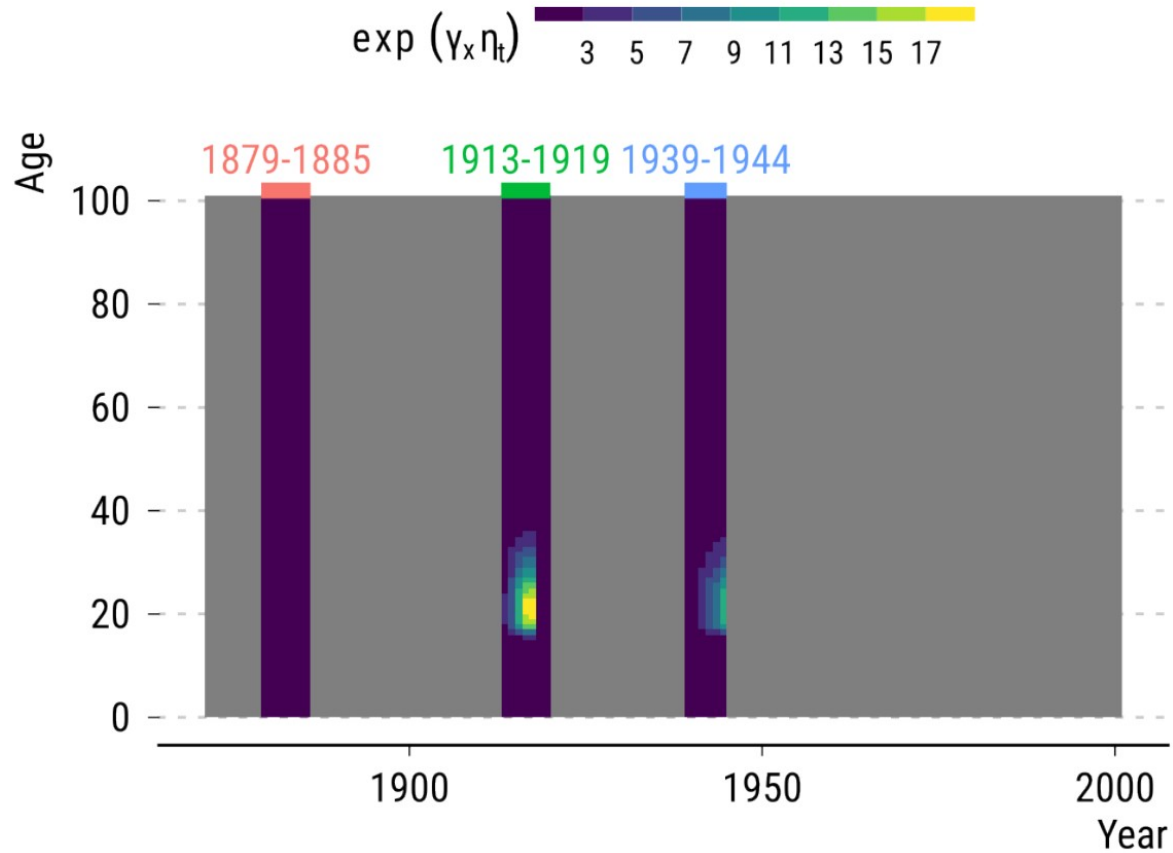
# Identification

A Estimated mortality surface with automatic shock identification

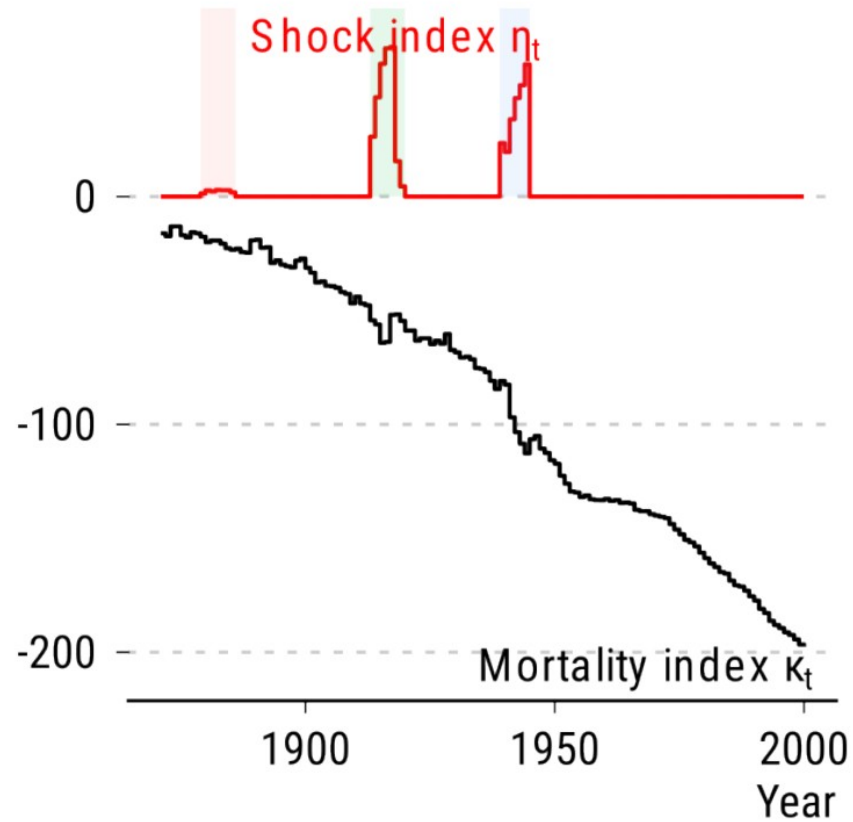


**Identification • Characterization • Simulation**

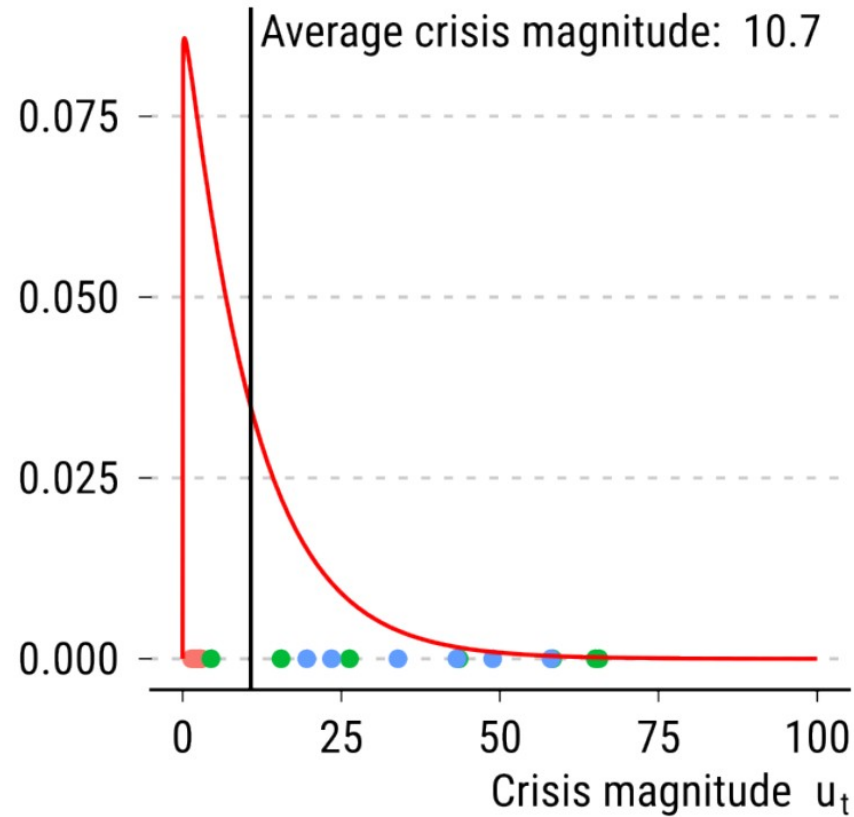
## B Mortality shock surface of excess rate ratios



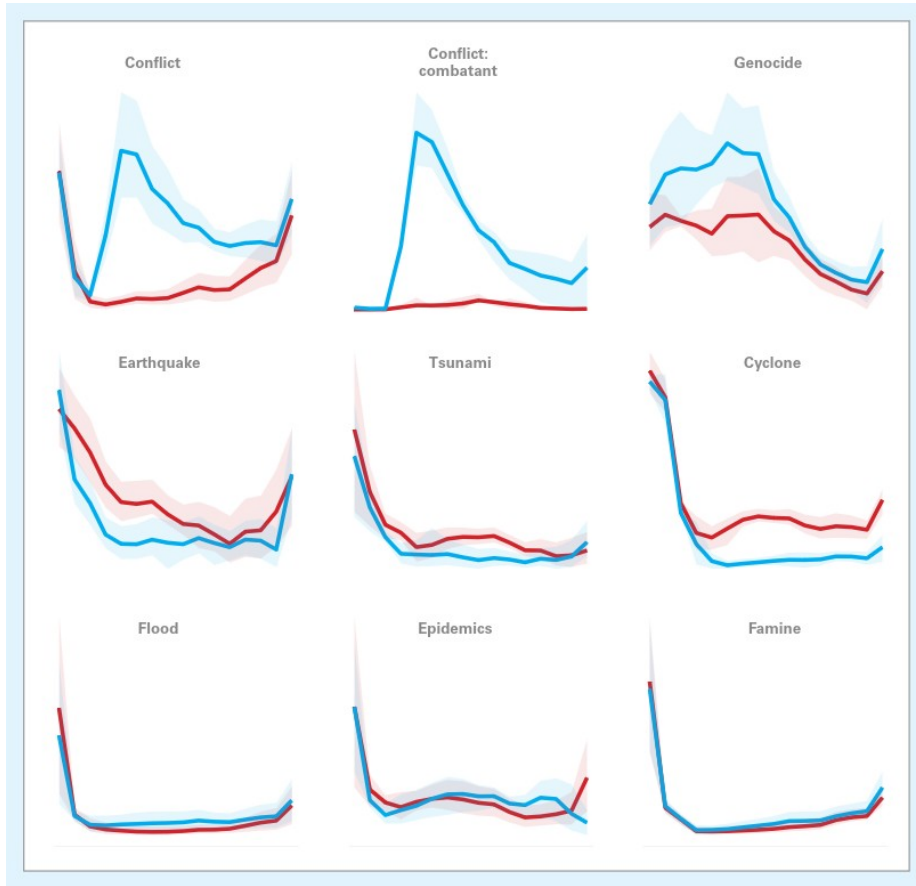
## C Mortality and shock indices



## D Crisis shock distribution

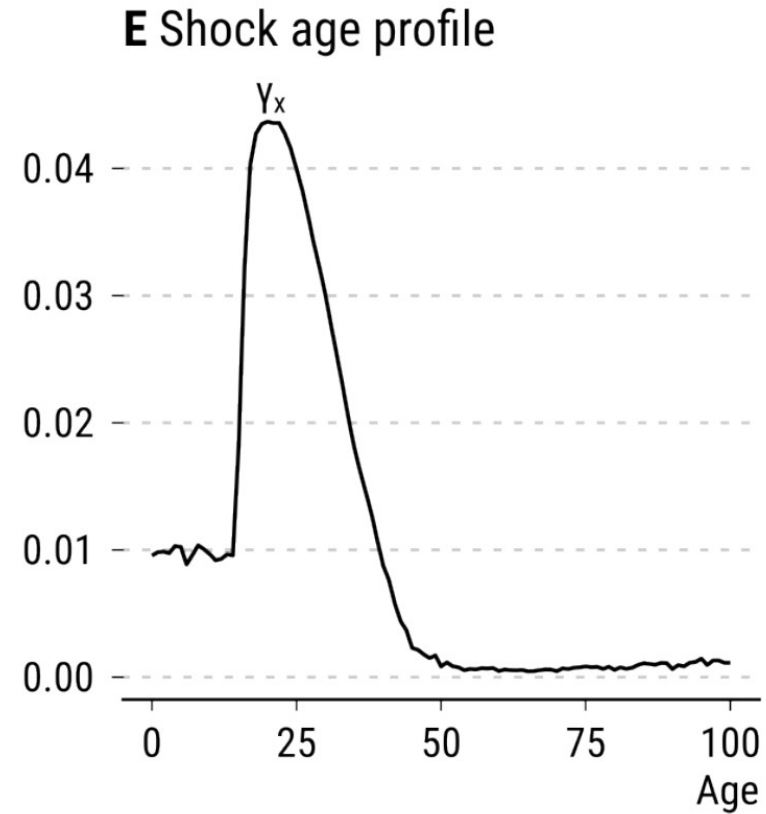
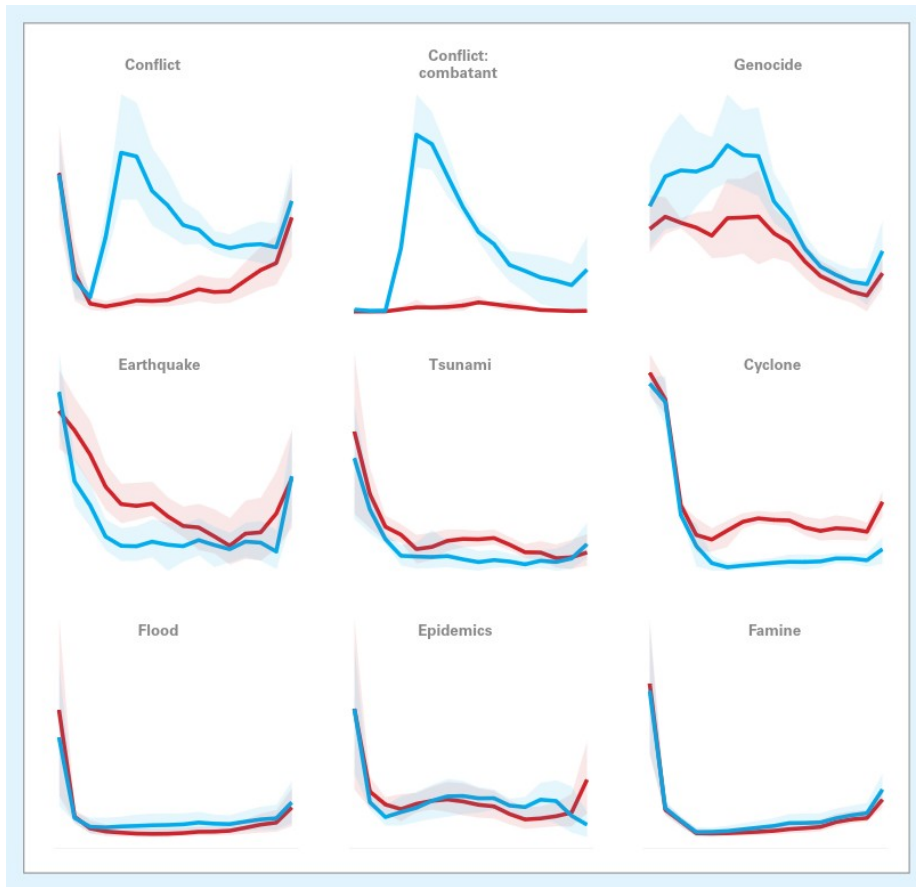


# Characterization



Mathers et al. (2023). Age-Sex Patterns of Crisis Deaths. [UN IGME Working Paper](#)

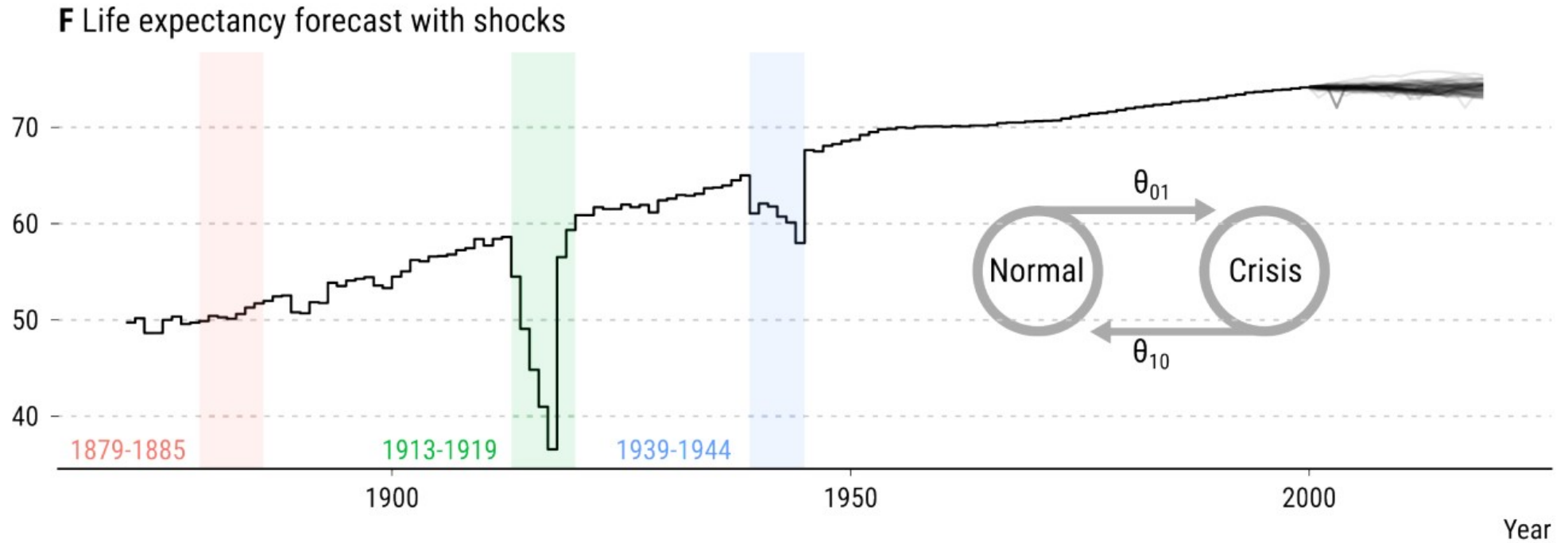
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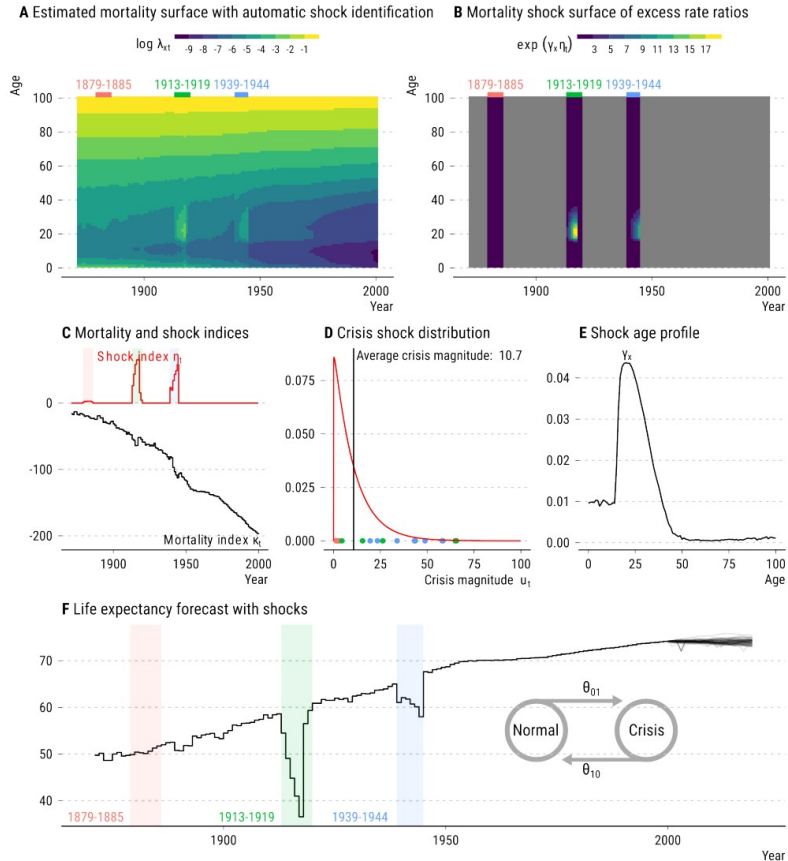
**Identification • Characterization • Simulation**

# Simulation



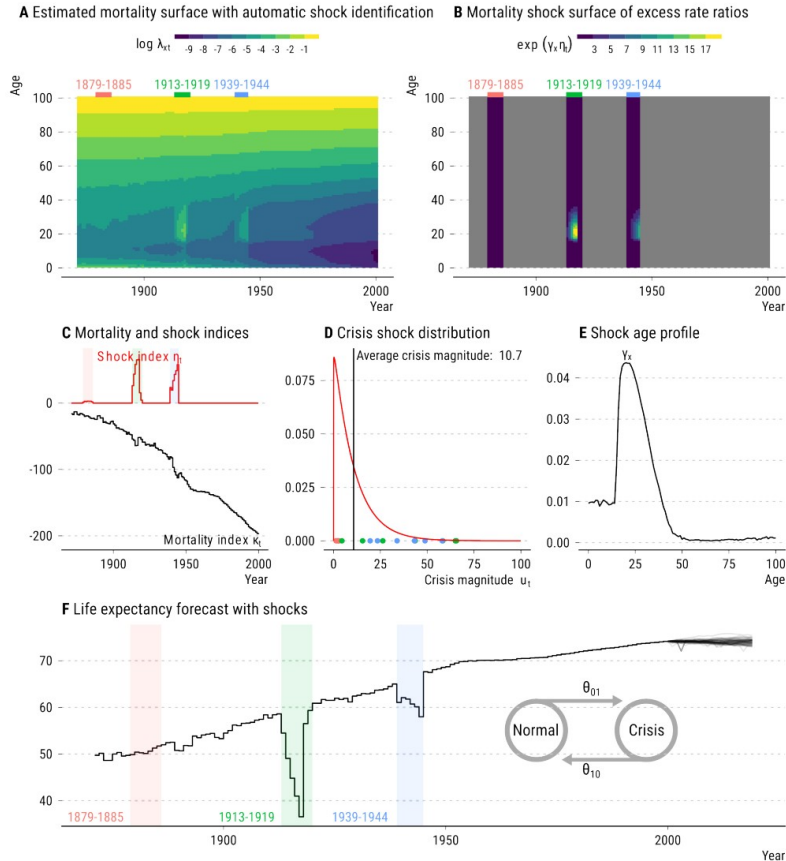
# Identification, Characterization, Simulation

**Figure 1:** Hidden Markov Lee-Carter Model estimates for male mortality in England and Wales (Data: HMD).



# Identification, Characterization, Simulation

**Figure 1:** Hidden Markov Lee-Carter Model estimates for male mortality in England and Wales (Data: HMD).

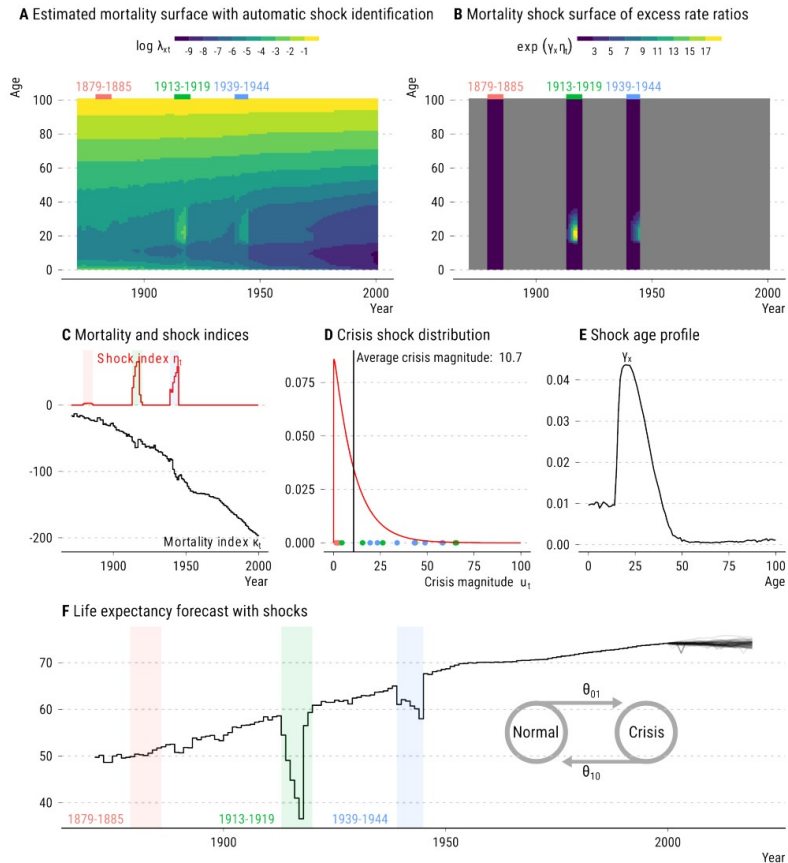


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## Technical Advisory Group on COVID-19 Mortality Assessment

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### MigScene – migration scenarios



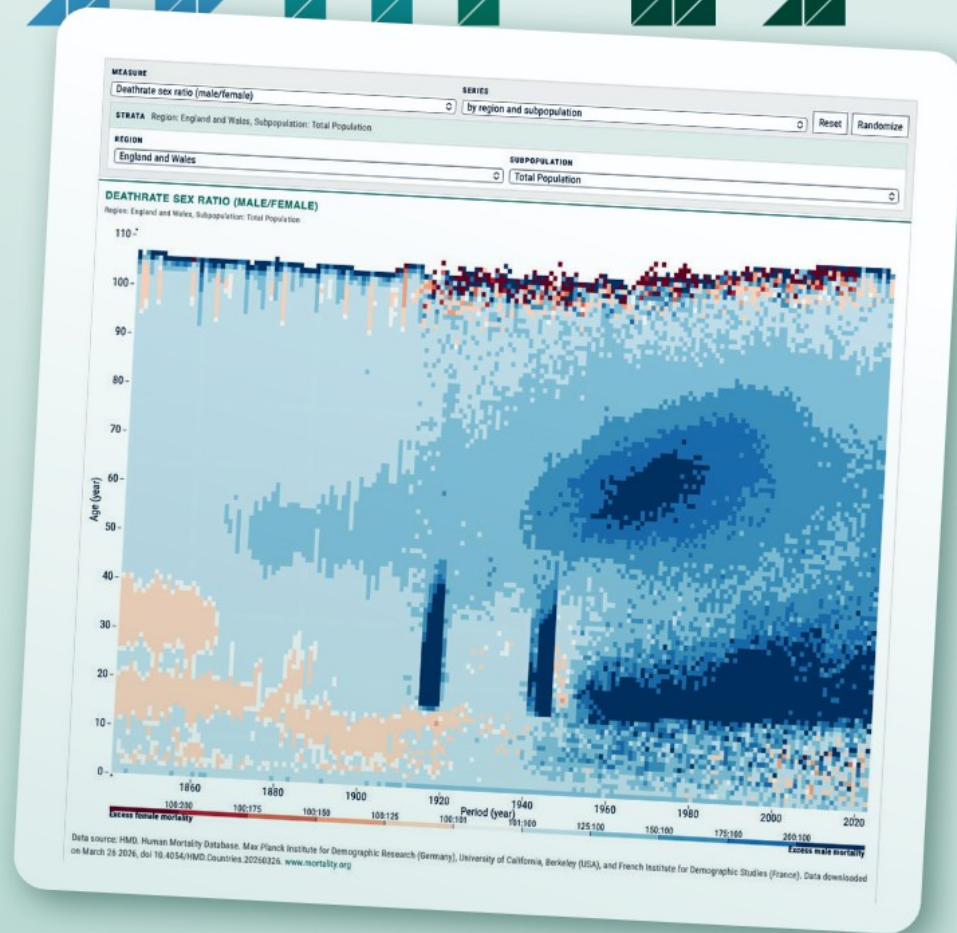
Population projections for migration scenarios, human capital development, and sustainable integration (MigScene) consortium explores how human capital, and productivity may evolve in Finland under various educational, migration, and integration scenarios.



[demoscapes.org](https://demoscapes.org)

## A visual atlas of demographic surfaces

Demoscapes.org is building a home for demographic surfaces, with interactive tools for seeing how population processes unfold across two time dimensions.





**Saloni** ✓  
@scientificdiscovery.dev

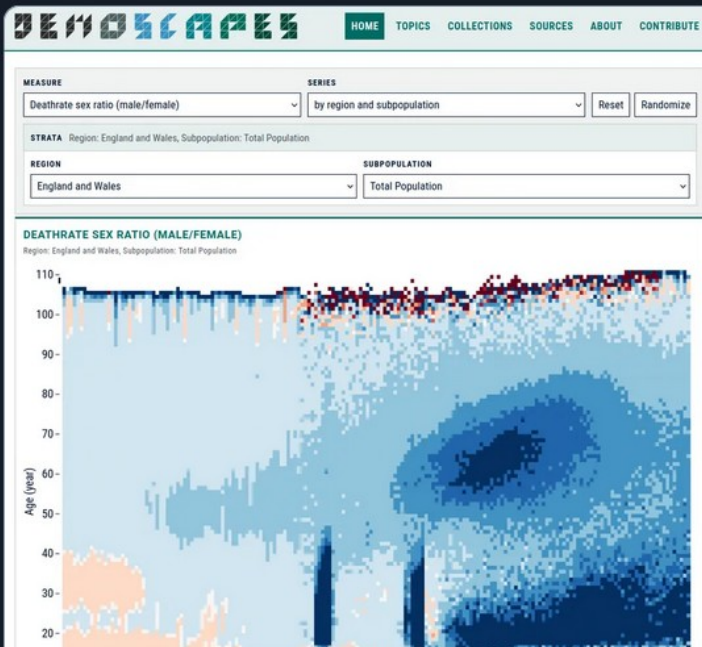
This is so cool.

This atlas has Lexis plots on how various things have changed over time in different age groups – mortality rates, fertility rates, number of parents and siblings. And you can reach out to Jonas to add your own plots too.

I'd like to see Lexis plots for absolutely everything.

👤 **Jonas Schöley** @jschoeley.com · 27d

demoscapes.org is a visual atlas of demographic surfaces hosted at @mpidr.bsky.social. It is also my passion project growing out of my 2016 human mortality database explorer. Did you publish something containing Lexis surfaces? Consider reaching out and having your work featured on the site.



## Join our community of contributors

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or by contacting **Jonas Schöley**  
✉ [schoeley@demogr.mpg.de](mailto:schoeley@demogr.mpg.de)



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